DAILY GOAL CARDS

WEEK #

GOALS FOR THE WEEK:

DEMOS:	HOURS:
CALLS:	GAP:

MONDAY

START TIME:	STOP TIME:	TOTAL HOURS:

MAIN FOCUS

AT LEAST **1 DEMO** PER GOAL PERIOD 💪

GOAL PERIOD:	CONTACTS:	DEMOS:
8:00 – 9:30		
9:30 – 11:00		
11:00 – 12:30		
12:30 – 2:00		
2:00 – 3:30		
3:30 – 5:00		
(OPTIONAL)		
5:00 – 6:30		
6:30 – BBM		
TOTALS:		

TUESDAY

START TIME:	STOP TIME:	TOTAL HOURS:

MAIN FOCUS

AT LEAST **1 DEMO** PER GOAL PERIOD 💪

GOAL PERIOD:	CONTACTS:	DEMOS:
8:00 – 9:30		
9:30 – 11:00		
11:00 – 12:30		
12:30 – 2:00		
2:00 – 3:30		
3:30 – 5:00		
(OPTIONAL)		
5:00 – 6:30		
6:30 – BBM		
TOTALS:		

SUNDAY RESET

TOP PRIORITIES FOR NEXT WEEK

WEDNESDAY

START TIME:	STOP TIME:	TOTAL HOURS:

MAIN FOCUS

AT LEAST **1 DEMO** PER GOAL PERIOD 💪

GOAL PERIOD:	CONTACTS:	DEMOS:
8:00 – 9:30		
9:30 – 11:00		
11:00 – 12:30		
12:30 – 2:00		
2:00 – 3:30		
3:30 – 5:00		
(OPTIONAL)		
5:00 – 6:30		
6:30 – BBM		
TOTALS:		

THURSDAY

START TIME:	STOP TIME:	TOTAL HOURS:

MAIN FOCUS

AT LEAST **1 DEMO** PER GOAL PERIOD 💪

GOAL PERIOD:	CONTACTS:	DEMOS:
8:00 – 9:30		
9:30 – 11:00		
11:00 – 12:30		
12:30 – 2:00		
2:00 – 3:30		
3:30 – 5:00		
(OPTIONAL)		
5:00 – 6:30		
6:30 – BBM		
TOTALS:		

FRIDAY

START TIME:	STOP TIME:	TOTAL HOURS:

MAIN FOCUS

AT LEAST **1 DEMO** PER GOAL PERIOD 💪

GOAL PERIOD:	CONTACTS:	DEMOS:
8:00 – 9:30		
9:30 – 11:00		
11:00 – 12:30		
12:30 – 2:00		
2:00 – 3:30		
3:30 – 5:00		
(OPTIONAL)		
5:00 – 6:30		
6:30 – BBM		
TOTALS:		

SATURDAY

START TIME:	STOP TIME:	TOTAL HOURS:

MAIN FOCUS

AT LEAST **1 DEMO** PER GOAL PERIOD 💪

GOAL PERIOD:	CONTACTS:	DEMOS:
8:00 – 9:30		
9:30 – 11:00		
11:00 – 12:30		
12:30 – 2:00		
2:00 – 3:30		
3:30 – 5:00		
(OPTIONAL)		
5:00 – 6:30		
6:30 – BBM		
TOTALS:		